



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

VALLEY POINTS FAMILY YMCA

Summer/Fall 2020

Aug 29— Oct 31

New Kensington Branch Pool Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Adult Lap 6:30–7:30am	Adult Lap 6:30–7:30am	Adult Lap 6:30–7:30am	Adult Lap 6:30–7:30am	Adult Lap 6:30–7:30am	Adult Lap 7:00–8:00am
Adult Lap 7:30–8:30am	Adult Lap 7:30–8:30am	Adult Lap 7:30–8:30am	Adult Lap 7:30–8:30am	Adult Lap 7:30–8:30am	Adult Lap 8:00–9:00am
Adult Lap 8:30–9:30am	Adult Lap 8:30–9:30am	Adult Lap 8:30–9:30am	Adult Lap 8:30–9:30am	Adult Lap 8:30–9:30am	Swim Lessons 9:00–12:15pm
CLEANING BREAK 9:30am–10:30am	CLEANING BREAK 9:30am–10:30am	CLEANING BREAK 9:30am–10:30am	CLEANING BREAK 9:30am–10:30am	CLEANING BREAK 9:30am–10:30am	Adult Lap 12:15–1:15pm
Adult Open 10:30am–11:30am	Adult Open 10:30am–11:30am	Adult Open 10:30am–11:30am	Adult Open 10:30am–11:30am	Adult Open 10:30am–11:30am	Family Swim 1:15–2:30pm
Adult Open 11:30am–12:30pm	Adult Open 11:30am–12:30pm	Adult Open 11:30am–12:30pm	Adult Open 11:30am–12:30pm	Adult Open 11:30am–12:30pm	Adult Open 2:30–3:30pm
Adult Open 12:30–1:30pm	Adult Open 12:30–1:30pm	Adult Open 12:30–1:30pm	Adult Open 12:30–1:30pm	Adult Open 12:30–1:30pm	
DEEP CLEANING BREAK 1:30–4:00pm	DEEP CLEANING BREAK 1:30–4:00pm	DEEP CLEANING BREAK 1:30–4:00pm	DEEP CLEANING BREAK 1:30–4:00pm	DEEP CLEANING BREAK 1:30–4:00pm	
Adult Open 4:00–5:00pm	Adult Lap 4:00–5:00pm	Adult Open 4:00–5:00pm	Adult Lap 4:00–5:00pm	Family Swim 4:00–5:00pm	
Adult Open 5:00–6:00pm	Adult Lap 5:00–6:00pm	Adult Open 5:00–6:00pm	Adult Lap 5:00–6:00pm	Family Swim 5:00–6:00pm	
CLEANING BREAK 6:00–6:15pm	CLEANING BREAK 6:00–6:15pm	CLEANING BREAK 6:00–6:15pm	CLEANING BREAK 6:00–6:15pm		SUNDAY CLOSED
Family Swim 6:15–7:00pm	Adult Open 6:30–7:30pm	Family Swim 6:15–7:00pm	Adult Open 6:30–7:30pm		
Family Swim 7:00–7:45pm	Adult Open 7:30–8:30pm	Family Swim 7:00–7:45pm	Adult Open 7:30–8:30pm		
Family Swim 7:45–8:30pm		Family Swim 7:45–8:30pm			

All swimmers must make a reservation for all swim types, and can be scheduled 48 hours in advance

Adult Lap: For adult members who want to swim laps. (Teen members 16 years of age and older may also swim laps.)
1 Member per lane, swimmers must remain 6 ft in physical distance a part. (4 total members allowed in pool at a time.)

Adult Open: *16+ years old and up* Leisure use / water aerobic exercise. Pool will be divided in to 4 lanes, swimmers must remain 6ft in physical distance a part. (10 total members allowed in pool at a time.)

****NO LAP SWIMMING WILL BE ALLOWED DURING ADULT OPEN SWIM IF 2 SWIMMERS ARE SHARING A LANE****

Family Swim Recreational Swim for YMCA Family members. *All youth must have an adult-family YMCA member with them during this swim.* (10 total members allowed in pool at a time.)