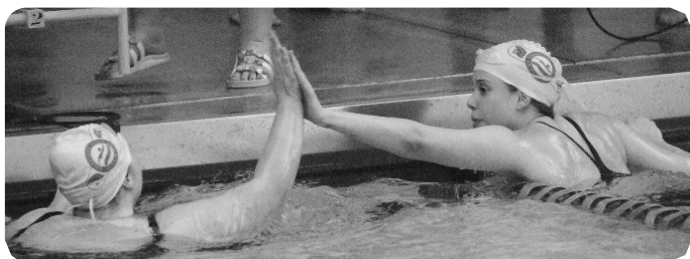


SWIMMING . . . A SPORT THAT LASTS A LIFETIME

The Valley Points Family YMCA Stingrays Swim Team is open to all swimmers ages five to 18 (as of 12/1). Swimmers need to be able to swim one length of the pool (freestyle, with rotary breathing). Swimmers who choose to join the team will need a current Valley Points Family YMCA membership to participate.

Take advantage of the free trial days—September 6 & 7 at Burrell High School—and meet the coaches and the swim team parent group. Regular practices begin September 12th and run through the end of March (2017).



The Stingrays have the benefit of 2 pool locations for practices and home meets: Burrell High School and Valley High School.

Our qualified coaching staff has developed the workouts and stroke instruction to build technique, strength and endurance.



Swimmers may practice every night or select the nights that best fit their schedule. YMCA team swimming is structured to permit your child to be as competitive as they choose to be.

Stingrays Swim Team Registration

Please complete this form and drop it off at the Valley Points Family YMCA with your payment. Thank you!

Child Name: _____

Date of Birth: _____

School District: _____

Age as of 12/1/16: _____ Gender: M F

Favorite Stroke: Freestyle Butterfly
 Backstroke Breaststroke

Address: _____

City: _____ State: _____ Zip Code _____

Email: _____

Home Phone: _____ Cell: _____

Parent(s)/Guardian(s): _____

Parent(s)/Guardian(s): _____

Program Fees

- \$320—first child
- \$160—each additional child
- \$160—high school swim team member
- \$270—Middle school swimmer (Registration begins November 1, 2016)
- \$100—USA Swimming Membership (Optional)
 - New Renewal

Please make checks payable to Valley Points Family YMCA; these fees do not include Y membership, which is required. Financial Assistance is available, as is a payment plan (see the Welcome Center for details).

I agree not to hold the YMCA, director, or the instructor of this activity, the organization, or place where the activities are conducted responsible for any injury which may take place while participating in this activity. To the best of my knowledge, my child has no physical problem that should restrict his/her participation in this activity. The Valley Points Family YMCA **does not** carry health or accident insurance on the participants of its programs.

Parent/Guardian signature: _____