



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# New Kensington Branch Pool Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Adult Lap</b> 6:30–9:45am	<b>Adult Lap</b> 6:30–9:30	<b>Adult Lap</b> 6:30–9:45am	<b>Adult Lap</b> 6:30–9:30am	<b>Adult Lap</b> 6:30–9:30am	<b>Adult Lap</b> 7:00–11:15am
<b>Arthritis Aquatics</b> 9:45–10:30am	GUARD BREAK 9:30–9:35am	<b>Arthritis Aquatics</b> 9:45–10:30am	GUARD BREAK 9:30–9:35am	GUARD BREAK 9:30–9:45am	GUARD BREAK 11:15–11:35am
<b>Adult Open</b> 10:30–11:30am	<b>Aquacize</b> 9:35–10:30am	<b>Adult Open</b> 10:30–11:30am	<b>Aquacize</b> 9:35–10:30am	<b>Arthritis Aquatics</b> 9:45–10:30am	
GUARD BREAK 11:30–11:45	<b>Adult Open</b> 10:30–11:30am	GUARD BREAK 11:30–11:45	<b>Adult Open</b> 10:30–11:30am	<b>Adult Open</b> 10:30–11:30am	<b>Adult Open</b> 11:35–2:30pm
<b>Adult Open</b> 11:45–1:45pm	GUARD BREAK 11:30–11:45am	<b>Adult Open</b> 11:45–1:45pm	GUARD BREAK 11:30–11:45am	GUARD BREAK 11:30–11:45am	<b>Family Swim</b> 2:30–3:30pm
CLEANING BREAK 1:45–3:45 pm	<b>Adult Open</b> 11:45am–1:45pm	CLEANING BREAK 1:45–3:45 pm	<b>Adult Open</b> 11:45am–1:45pm	<b>Adult Open</b> 11:45–1:45pm	
<b>Adult Lap</b> 3:45–6:00pm	CLEANING BREAK 1:45–3:45 pm	<b>Adult Lap</b> 3:45–6:00pm	GUARD BREAK 1:45–3:45 pm	GUARD BREAK 1:45–3:45 pm	
<b>Open Swim</b> 6:00–7:00pm	<b>Adult Lap</b> 3:45–6:00pm	<b>Open Swim</b> 6:00–7:00pm	<b>Adult Lap</b> 3:45–6:00pm	<b>Adult Lap</b> 3:45–4:30pm	CLOSED SUNDAY
Guard Break 7:00–7:15pm	<b>Open Swim</b> 6:00–7:00pm	Guard Break 7:00–7:15pm	<b>Open Swim</b> 6:00–7:00pm	<b>Adult Open</b> 4:30–5:15pm	
<b>Adult Open</b> 7:15–8:15pm	GUARD BREAK 7:00–7:15pm	<b>Adult Open</b> 7:15–8:15pm	GUARD BREAK 7:00–7:15pm	<b>Family Swim</b> 5:15–6:15pm	
	<b>Aquacize</b> 7:15–8:15pm		<b>Aquacize</b> 7:15–8:15pm		

**Adult Lap:** For adult members who want to swim laps. (Teen members 15 years of age and older may also swim laps.)

**Open Swim:** Two lanes for lap swimming and two lanes for recreational swimming. Children under the age of 8 must be accompanied by an adult in the water.

**Adult Open:** Leisure use / water aerobic exercise. Two lanes for open swim and two lanes for lap swimming. (Teen members 15 years of age and older may also use for water aerobic exercise/swim laps.)

**Family Swim:** Designed for family members; group leisure swimming. All youth under the age of 18 must be accompanied by a parent (on the pool deck or in the water), but children under the age of 8 must be accompanied in the water by an adult 18 years of