

AVB Pool Schedule

June 6 - 30, 2022

Times	Monday	Tuesday	Wednesday	Thursday	Friday	*PLEASE NOTE: THERE IS NO OPEN SWIM DURING SWIM LESSONS	
						Saturday	Sunday
6:15	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-1:45	OPEN SWIM 6:15-1:45	OPEN SWIM 7:15-2:45
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							
10:30							
11:00	Silver Splash* 11:15 - 12:15	Silver Splash* 11:15-12:15	Silver Splash* 11:15 - 12:15	Silver Splash* 11:15-12:15			YMCA CLOSED
11:30							
12:00							
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00	OPEN SWIM 4:00-4:45	OPEN SWIM 3:00-4:45	OPEN SWIM 3:00-5:00	OPEN SWIM 3:00-5:00	OPEN SWIM 4:00-6:00	YMCA CLOSES @ 4:00	
4:30							
5:00							
5:40							
6:10	Lessons 6:15-7:00	Lessons 6:15-7:00	OPEN SWIM 5:15*-7:00	OPEN SWIM 5:15*-7:00	OPEN SWIM 6:15*-7:45		
6:15							
7:00							
7:30							
8:00							
8:30							
8:45							

OPEN SWIM - 2 lanes will be reserved for recreational use / exercise and 4 lanes for lap swimming
 * Silver Splash - Limited to 24 Participants. Must Register at front desk or online. No deep end swimming.
 BBW - Shallow End Open (only two lap lanes will be available)

Allegheny Valley YMCA
 5021 Freeport Rd
 Natrona Heights, PA 15065
 724-295-9400

*schedule subject to change
 *Pool will be closed for 15 minutes to allow for lifeguard break