

Pool Schedule

SEPTEMBER 20-25 2021

Times						*PLEASE NOTE: THERE IS NO OPEN SWIM DURING SWIM LESSONS	
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:15	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-1:45	8:00-11:00 2 lanes closed for Lifeguard Training	
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30	2 LAP LANES BBW 9:15 - 10:00		2 LAP LANES BBW 9:15 - 10:00				
10:00	OPEN SWIM 10:00-11:00		OPEN SWIM 10:00-11:00				
10:30							
11:00	Silver Splash* 11:15 - 12:15	Silver Splash* 11:15-12:15	Silver Splash* 11:15 - 12:15	Silver Splash* 11:15-12:15			
11:30							
12:00	OPEN SWIM 12:15-1:45	OPEN SWIM 12:15-1:45	OPEN SWIM 12:15 - 1:45	OPEN SWIM 12:15-1:45	Pool Closed 1:45-4:00	Open Swim 7:15-2:45	YMCA CLOSED
12:30							
1:00							
1:30	Pool Closed 1:45-4:00	Pool Closed 1:45-3:00	Pool Closed 1:45-3:00	Pool Closed 1:45-3:00	Pool Closed 1:45-4:00		
2:00							
2:30							
3:00	OPEN SWIM 4:00-5:00	OPEN SWIM 3:00-5:00					
3:30							
4:00	SWIM LESSONS 5:00-6:45	SWIM LESSONS 5:00-6:45	OPEN SWIM 3:00-8:45	OPEN SWIM 3:00-8:45	OPEN SWIM 4:00-7:45	YMCA CLOS @ 4:00	
4:30							
5:00							
5:30							
6:00	OPEN SWIM 7:00-8:45	OPEN SWIM 7:00-8:45					
6:30							
7:00							
7:30							
8:00							
8:30							
8:45					YMCA CLOS @ 8:00PM		

OPEN SWIM - 2 lanes will be reserved for recreational use / exercise and 4 lanes for lap swimming
*** Silver Splash** - Limited to 24 Participants. Must Register at front desk or online.
BBW - Shallow End Open (only two lap lanes will be available)

*schedule subject to change

Allegheny Valley YMCA
 5021 Freeport Rd
 Natrona Heights, PA 15065
 724-295-9400

Pool Schedule

SEPTEMBER 27- OCTOBER 2, 2021

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:15	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-1:45	OPEN SWIM 7:15-2:45			
6:30									
7:00									
7:30									
8:00									
8:30									
9:00									
9:30								2 LAP LANES BBW 9:15 - 10:00	2 LAP LANES BBW 9:15 - 10:00
10:00								OPEN SWIM 10:00-11:00	OPEN SWIM 10:00-11:00
10:30									
11:00	Silver Splash* 11:15 - 12:15	Silver Splash* 11:15-12:15	Silver Splash* 11:15 - 12:15	Silver Splash* 11:15-12:15					
11:30									
12:00	OPEN SWIM 12:15-1:45	OPEN SWIM 12:15-1:45	OPEN SWIM 12:15 - 1:45	OPEN SWIM 12:15-1:45					
12:30									
1:00	Pool Closed 1:45-4:00	Pool Closed 1:45-3:00	Pool Closed 1:45-3:00	Pool Closed 1:45-3:00	Pool Closed 1:45-4:00		YMCA CLOSED		
1:30									
2:00									
2:30	OPEN SWIM 4:00-5:00	OPEN SWIM 3:00-5:00		OPEN SWIM 3:00-5:30	OPEN SWIM 4:00-5:30				
3:00									
3:30	SWIM LESSONS 5:00-6:45	SWIM LESSONS 5:00-6:45	OPEN SWIM 3:00-8:45	Swim Team Try Out 8:00 5:30-	Swim Team Try-Out 5:30-7:00	YMCA CLOSING @ 4:00			
4:00									
4:30									
5:00									
5:30									
6:00	OPEN SWIM 7:00-8:45	OPEN SWIM 7:00-8:45		OPEN SWIM 8:00-8:45	OPEN SWIM 7:00-8:00				
6:30									
7:00									
7:30									
8:00									
8:30	YMCA CLOSING @ 8:00PM								
8:45									

*PLEASE NOTE: THERE IS NO OPEN SWIM DURING SWIM LESSONS

OPEN SWIM - 2 lanes will be reserved for recreational use / exercise and 4 lanes for lap swimming
 * Silver Splash - Limited to 24 Participants. Must Register at front desk or online.
 BBW - Shallow End Open (only two lap lanes will be available)

*schedule subject to change

Allegheny Valley YMCA
 5021 Freeport Rd
 Natrona Heights, PA 15065
 724-295-9400

Pool Schedule

OCTOBER 4 - 30, 2021

							*PLEASE NOTE: THERE IS NO OPEN SWIM DURING SWIM LESSONS	
Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:15	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-1:45	OPEN SWIM 7:15-2:45		
6:30								
7:00								
7:30								
8:00								
8:30								
9:00								
9:30								
10:00								
10:30								
11:00	Silver Splash* 11:15 - 12:15	Silver Splash* 11:15-12:15	Silver Splash* 11:15 - 12:15	Silver Splash* 11:15-12:15				
12:00	OPEN SWIM 12:15-1:45	OPEN SWIM 12:15-1:45	OPEN SWIM 12:15 - 1:45	OPEN SWIM 12:15-1:45	OPEN SWIM 12:15-1:45	OPEN SWIM 12:15-1:45		
12:30								
1:00								
1:30	Pool Closed 1:45-4:00	Pool Closed 1:45-3:00	Pool Closed 1:45-3:00	Pool Closed 1:45-3:00	Pool Closed 1:45-4:00	Pool Closed 1:45-4:00	YMCA CLOSED	
2:00								
2:30								
3:00								
3:30	OPEN SWIM 4:00-5:00	OPEN SWIM 3:00-5:00	OPEN SWIM 3:00-5:30	OPEN SWIM 3:00-5:00	OPEN SWIM 4:00-5:30	OPEN SWIM 4:00-5:30		
4:00								
4:30								
5:00	SWIM LESSONS 5:00-6:45	SWIM LESSONS 5:00-6:45	SWIM TEAM PRACTICE 5:30-8:00	SWIM TEAM PRACTICE 5:30-8:00	SWIM TEAM PRACTICE 5:30-7:00	SWIM TEAM PRACTICE 5:30-7:00	YMCA CLOSING @ 4:00	
5:30								
6:00								
6:30								
7:00	OPEN SWIM 6:45-8:45	SWIM TEAM PRACTICE 6:45-8:15	OPEN SWIM 8:00-8:45	OPEN SWIM 8:00-8:45	OPEN SWIM 7:00-8:00	OPEN SWIM 7:00-8:00		
7:30								
8:00								
8:30								
8:45								
8:45		OPEN SWIM 8:15-8:45	OPEN SWIM 8:00-8:45	OPEN SWIM 8:00-8:45	YMCA CLOSING @ 8:00PM	YMCA CLOSING @ 8:00PM		

OPEN SWIM - 2 lanes will be reserved for recreational use / exercise and 4 lanes for lap swimming
*** Silver Splash** - Limited to 24 Participants. Must Register at front desk or online.
BBW - Shallow End Open (only two lap lanes will be available)

Allegheny Valley YMCA
 5021 Freeport Rd
 Natrona Heights, PA 15065
 724-295-9400

*schedule subject to change