

# Pool Schedule

## October

							*PLEASE NOTE: THERE IS NO OPEN SWIM DURING SWIM LESSONS				
Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:15	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	Open Swim 6:15- 12:00	OPEN SWIM 8:00-12:00	YMCA CLOSED				
6:30											
7:00											
7:30											
8:00											
8:30											
9:00											
9:30								2 LAP LANES	BBW 9:15 - 10:00	2 LAP LANES	BBW 9:15 - 10:00
10:00								OPEN SWIM 10:00-11:00	OPEN SWIM 10:00-11:00		
10:30											
11:00	Silver Splash* 11:15 - 12:00	Silver Splash* 11:15-12:00	Silver Splash* 11:15 - 12:00	Silver Splash* 11:15-12:00							
11:30											
12:00	Open Swim 12:00-1:00	Open Swim 12:00-3:00	Open Swim 12:00-3:00	Pool Closed 12:00-4:30	Pool Closed 12:00-4:00	YMCA CLOSING @ 4:00	YMCA CLOSED				
12:30											
1:00											
1:30											
2:00	Pool Closed 1:00-4:00										
2:30											
3:00											
3:30											
4:00	OPEN SWIM 4:00-5:00							OPENS SWIM 4:30-5:00	OPEN SWIM 4:30-5:00	Open Swim 4:30-5:00	Open Swim 4:00-5:00
4:30											
5:00	SWIM LESSONS 5:00-7:00	Swim Team Practice 5:00-7:30	Swim Team Practice 5:00-7:00	Swim Team Practice 5:00-7:00	Swim Team Practice 5:00-7:00	YMCA CLOSING @ 4:00	YMCA CLOSED				
5:30											
6:00											
6:30											
6:30											
7:00											
7:30	OPEN SWIM 7:30-8:45	OPEN SWIM 7:30-8:45	Open Swim 7:00-8:45	Open Swim 7:00-8:45	OPEN SWIM 7:00-7:45	YMCA CLOSING @ 8:00PM					
7:30											
8:00											
8:30											
8:45											

OPEN SWIM - 2 lanes will be reserved for recreational use / exercise and 4 lanes for lap swimming  
 \* Silver Splash - Limited to 24 Participants. Must Register at front desk or online.  
 BBW - Shallow End Open (only two lap lanes will be available)

\*schedule subject to change

Allegheny Valley YMCA  
 5021 Freeport Rd  
 Natrona Heights, PA 15065  
 724-295-9400