

Pool Schedule

Sep-22

Times	Monday	Tuesday	Wednesday	Thursday	Friday	*PLEASE NOTE: THERE IS NO OPEN SWIM DURING SWIM LESSONS									
						Saturday	Sunday								
6:15	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-2:00										
6:30															
7:00															
7:30															
8:00															
8:30															
9:00															
9:30								2 LAP LANES	BBW 9:15 - 10:00	2 LAP LANES	BBW 9:15 - 10:00				
10:00								OPEN SWIM 10:00-11:00	OPEN SWIM 10:00-11:00						
10:30															
11:00	Silver Splash* 11:15 - 12:15	Silver Splash* 11:15-12:15	Silver Splash* 11:15 - 12:15	Silver Splash* 11:15-12:15	OPEN SWIM 8:00-12:00										
11:30															
12:00	OPEN SWIM 12:15-3:00	OPEN SWIM 12:15-2:00	OPEN SWIM 12:15-3:00	OPEN SWIM 12:15-3:00											
12:30															
1:00															
1:30															
2:00															
2:30															
3:00													Pool Closed 3:00-4:00	POOL CLOSED 3:00-4:30	Pool Closed 3:00-4:30
3:30															
4:00					OPEN SWIM 4:00-5:00	OPENS SWIM 4:30-5:00			OPEN SWIM 4:30-5:00	Open Swim 4:30-5:00	Open Swim 4:00-5:00	YMCA CLOSING @ 4:00			
4:30															
5:00	SWIM LESSONS 5:00-7:00	Swim Team Practice 5:00-7:30	Swim Team Practice 7:00	Swim Team Practice 5:00-7:00	Swim Team Practice 5:00-7:00										
5:30															
6:00															
6:30															
7:00	OPEN SWIM 7:30-8:45	OPEN SWIM 7:30-8:45	Open Swim 7:00-8:45	Open Swim 7:00-8:45	OPEN SWIM 7:00-7:45										
7:30															
8:00															
8:30					YMCA CLOSING @ 8:00PM										
8:45															

OPEN SWIM - 2 lanes will be reserved for recreational use / exercise and 4 lanes for lap swimming
*** Silver Splash** - Limited to 24 Participants. Must Register at front desk or online.
BBW - Shallow End Open (only two lap lanes will be available)

*schedule subject to change

Allegheny Valley YMCA
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 Natrona Heights, PA 15065
 724-295-9400